

Independent investigation into the death of Mr Anthony Kennedy, a prisoner at HMP Altcourse, on 12 February 2023

A report by the Prisons and Probation Ombudsman

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OUR VISION

To deliver high quality and timely independent investigations and work closely with partners to achieve tangible benefits for the safety and confidence of those in custody and under community supervision.

WHAT WE DO



Resolve complaints



Investigate deaths



Identify and disseminate learning



Ensure trust and confidence in the criminal justice system



Special investigations

WHAT WE VALUE

Ambitious thinking

Professional curiosity

Diversity & inclusion

Transparency

Teamwork



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The Prisons and Probation Ombudsman aims to make a significant contribution to safer, fairer custody and community supervision. One of the most important ways in which we work towards that aim is by carrying out independent investigations into deaths, due to any cause, of prisoners, young people in detention, residents of approved premises, detained individuals in immigration centres, and people recently released from prison.

If my office is to best assist His Majesty's Prison and Probation Service (HMPPS) in ensuring the standard of care received by those within service remit is appropriate, our recommendations should be focused, evidenced and viable. This is especially the case if there is evidence of systemic failure.

Mr Anthony Kennedy died in hospital from a combination of health conditions and mixed drug toxicity on 12 February 2023, while a prisoner at HMP Altcourse. He was 44 years old. I offer my condolences to Mr Kennedy's family and friends.

The clinical reviewer concluded that the clinical care that Mr Kennedy received at Altcourse was of a good standard and was equivalent to that which he could have expected to receive in the community. She made no recommendations.

We make no recommendations but draw the Director's attention to the protocols around recording COVID-19 testing and how the prison follows up drug related deaths.

This version of my report, published on my website, has been amended to remove the names of staff and prisoners involved in my investigation.

Adrian Usher
Prisons and Probation Ombudsman

February 2024

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Summary

Events

- 1. On 3 February 2023, Mr Anthony Kennedy was remanded to HMP Altcourse, charged with burglary. On arrival he tested positive for several illicit drugs, and healthcare staff prescribed him methadone to reduce his withdrawal symptoms.
- 2. Staff opened an ACCT (a process to manage and support people in prison at risk of suicide and self-harm) when he arrived in prison because Mr Kennedy said that he would self-harm. However, Mr Kennedy refused to engage with the ACCT or with healthcare staff trying to assess his health.
- 3. On 7 February, Mr Kennedy began to engage with staff, and participated in the review of his substance misuse treatment. He asked for his methadone dose to be increased, but when the substance misuse service (SMS) worker tried to discuss this with him on 10 February, he was not prepared to engage with them.
- The following day, Mr Kennedy felt unwell and thought he might have COVID-19. 4. When staff unlocked Mr Kennedy's cell on the morning of 12 February, he was still unwell and did not want to collect his medication, including his methadone. Later that morning, officers returned to his cell with a COVID-19 test for Mr Kennedy, but he was unconscious.
- 5. Resuscitation efforts from prison, healthcare and ambulance staff, succeeded in partially reviving Mr Kennedy and he was taken to hospital, but he died shortly after arriving there.

Findings

- 6. The clinical reviewer found that the clinical care that Mr Kennedy received at Altcourse was of a good standard and was equivalent to that which he could have expected to receive in the community.
- 7. Mr Kennedy was mostly non-compliant with substance misuse and healthcare staff, but they did attempt to engage with him while he was at Altcourse. When he became ill on 11 and 12 February, prison staff encouraged Mr Kennedy to take a COVID-19 test. However, the recording of COVID-19 tests by staff on the wing appears to have been informal, and not to have been co-ordinated with healthcare staff who were unaware of any COVID-19 testing of Mr Kennedy.
- 8. It is not known how Mr Kennedy obtained the medication which was found in his body post-mortem, and which was not prescribed to him. Altcourse has a drug strategy which is reviewed monthly but in light of Mr Kennedy's death, the Director may wish to consider whether this sufficiently addresses the issue of prisoners taking medication which has not been prescribed to them.

The Investigation Process

- 9. HMPPS notified us of Mr Kennedy's death on 12 February 2023.
- 10. The investigator issued notices to staff and prisoners at HMP Altcourse informing them of the investigation and asking anyone with relevant information to contact him. No one responded.
- 11. The investigator obtained copies of the relevant extracts from Mr Kennedy's medical and prison records.
- 12. NHS England commissioned an independent clinical reviewer to review Mr Kennedy's clinical care at Altcourse.
- 13. We informed HM Coroner for Liverpool and the Wirral of the investigation. He provided us with the post-mortem report. We have sent the Coroner a copy of this report.
- 14. The Ombudsman's family liaison officer contacted Mr Kennedy's sister to explain the investigation and to ask if she had any matters she wanted us to consider. She asked questions about Mr Kennedy's behaviour and care at Altcourse which are covered by the clinical review and this report.
- 15. The initial report was shared with Mr Kennedy's sister. She did not make any comments.
- 16. The initial report was shared with HM Prison and Probation Service (HMPPS). HMPPS found no factual inaccuracies.

Background Information

HMP Altcourse

17. HMP Altcourse is a category B local prison, receiving sentenced and remanded adult male prisoners as well as young offenders, from the Cheshire and Merseyside courts. The prison can accommodate up to 1,164 men and has a very high turnover of prisoners. About half the population are on remand or serving very short sentences. At the time of Mr Kennedy's death, the prison was managed by G4S. It has been managed by Sodexo since 1 June 2023.

HM Inspectorate of Prisons

- 18. The most recent inspection of Altcourse was in November 2021, when prison life was still severely affected by COVID-19. Although inspectors had concerns about prisoners' safety, they said that relationships between staff and prisoners were good and the prison was calm and well-ordered.
- 19. Inspectors were concerned about a lack of robustness in tackling the drugs problem in the prison. They said that after the break enforced by COVID-19, the recently resumed random drugs testing was returning a high positive rate of 19%. The inspectors were concerned about the administering of some medications including controlled drugs and called for a more rigorous approach. However, they said the flow of intelligence within the prison was good.

Independent Monitoring Board

- 20. Each prison has an Independent Monitoring Board (IMB) of unpaid volunteers from the local community who help to ensure that prisoners are treated fairly and decently. In its latest annual report, for the year to June 2022, the IMB reported that Altcourse remained a safe prison and this was evidenced by the continuing reduction in levels of self-harm and violence.
- 21. The IMB also commented on good staff prisoner relationships and on some of the positive initiatives that had contributed to this. They said that an expansion of in-cell medication storage (with an increase in in-cell safes) gave prisoners greater ownership of their health.

Previous deaths at HMP Altcourse

22. Mr Kennedy was the 25th prisoner to die at Altcourse since February 2020. Of the previous deaths, eighteen were from natural causes and six were self-inflicted. There are no similarities between the previous deaths and that of Mr Kennedy. This was the first confirmed drug related death that the PPO has investigated at Altcourse since we began investigating fatal incidents in 2004, although there was a death that may have been related to Psychoactive Substances in 2015.

Key Events

- 23. On 3 February 2023, Mr Kennedy was remanded to HMP Altcourse, charged with burglary. He had a history of self-harm and substance misuse. Mr Kennedy was clinically obese and had asthma but had no other known significant physical health issues. Mr Kennedy refused to engage with healthcare staff, and they were unable to carry out clinical observations on him. Mr Kennedy said he was going to self-harm, so staff started suicide and self-harm support procedures, known as ACCT. Staff set observations at two an hour and two conversations a day.
- 24. Mr Kennedy tested positive for several illicit drugs, including cannabinoids, cocaine, and opiates. Healthcare staff prescribed Mr Kennedy methadone to lessen his withdrawal symptoms.
- 25. The next day, Mr Kennedy was still hostile to healthcare staff, and they were unable to carry out an initial mental health assessment. He also refused to engage with the ACCT process, but staff maintained regular observations on him.
- 26. On 5 February, healthcare staff attempted a second health screening (which involves exploring any health problems in detail to ensure prisoners receive the necessary treatment and support), but once again Mr Kennedy refused to cooperate. Although he complained of a stomach ache, Mr Kennedy would not let nurses take his clinical observations, but he asked to see a doctor.
- 27. On 6 February, Mr Kennedy still did not want to engage with nurses and declined a mental health assessment. He was seen by a doctor on the same day who found nothing significant, but prescribed medication to alleviate Mr Kennedy's stomach ache.
- 28. On 7 February, following his refusal to engage with the mental health team, and because there were no concerns regarding his mental health arising out of his ACCT, they removed him from their caseload.
- 29. The next day, Mr Kennedy changed his mind about speaking to the mental health team and asked to see them. He also engaged with the five-day review of his substance misuse treatment. He asked for his methadone to be increased from the 40 mg dose that he had been receiving since his arrival at Altcourse.
- 30. At his ACCT review that day, Mr Kennedy was described as "upbeat and chatty throughout". He said that he was much happier following a wing move, and as there were no other issues of concern, staff decided to stop the twice hourly checks but continue with the conversations.
- 31. Mr Kennedy did not raise any concerns with staff over the next few days. CCTV footage indicated that Mr Kennedy's cell door was often open, with plenty of prisoners coming and going, although nothing that raised any suspicions. An officer wrote in his ACCT document on 10 February that he had spent most of the morning talking to Mr Kennedy and had offered to write to his bank for him to cancel his bank card. In the afternoon, Mr Kennedy spoke to a member of staff about helping him with an issue he had about his food. He did not raise any other issues.

- 32. That day, a substance misuse service (SMS) worker visited Mr Kennedy, but he refused to engage with him. The SMS worker arranged another meeting for the following week.
- 33. On the morning of 11 February, an officer wrote in Mr Kennedy's ACCT document that he might have COVID-19 and so he had stayed in his cell. (It is not recorded why they thought that Mr Kennedy might have COVID-19). A further entry later that day said that Mr Kennedy told an officer that he had taken a COVID-19 test, and the officer said that he should have another test the next day. (There is no record of the result of this test or who gave it to him although it is assumed that it was negative since he was advised to re-test the next day.)
- 34. When Mr Kennedy was unlocked by a prison officer on the morning of 12 February, he said that he was too tired to collect his medication and felt really ill. The officer said that Mr Kennedy should do a COVID-19 test later. Shortly before midday, that officer asked another officer to visit Mr Kennedy to see if he now wanted to collect his medication. When the officer arrived outside Mr Kennedy's cell, a prisoner (who's name was not recorded) told them that he was not well but was refusing to take a COVID-19 test. Therefore, the officer decided to get a COVID-19 test kit before returning to Mr Kennedy with another officer who she asked to assist in getting him to take the test.
- 35. When the officers went into the cell, they found Mr Kennedy unresponsive, and they could not feel a pulse. They radioed a code blue (a medical emergency radio code used when a prisoner is unconscious or having breathing difficulties that alerts healthcare staff and prompts the control room to call an ambulance), and officers began attempts to resuscitate Mr Kennedy. Healthcare staff took over when they arrived shortly afterwards, and they continued to work on the scene with the ambulance crew when they arrived at 12.12pm.
- Following the efforts of those attending Mr Kennedy, at around 12.37pm his heart 36. began pumping blood again. Paramedics took Mr Kennedy to the ambulance at around 12.50pm. However, in the ambulance, his heart stopped again. The paramedics continued resuscitation attempts in the ambulance on the way to hospital, where it arrived at 1.10pm. Mr Kennedy's heart re-started briefly again at 1.15pm but unfortunately this was not sustained, and he was declared dead at 1.26pm.

Contact with Mr Kennedy's family

- Normally, following a death, prison staff would visit a prisoner's next of kin to inform 37. them. However, while Mr Kennedy was still being resuscitated by clinical staff at the prison, a prisoner told his family what was happening, and they contacted the prison for further information. Initially, Altcourse could not discuss this over the phone due to confidentiality issues and the need to verify their identification, as well as to establish the facts. Once this was done, rather than delay informing the family any further, the family liaison officer (FLO) telephoned the next of kin to let them know what had happened.
- 38. The FLO maintained contact with the next of kin over the following days and offered a contribution to funeral expenses in line with HMPPS policy.

Support for prisoners and staff

- 39. After Mr Kennedy's death, the Head of Security held a debrief for the staff involved and they were offered support.
- 40. The prison also posted notices informing prisoners and staff of Mr Kennedy's death and offering support.

Cause of death

41. The post-mortem report concluded that Mr Kennedy died from the combined effects of several factors. These were, morbid obesity (meaning he was severely overweight with a risk to his health), cardiomegaly (an enlargement of the heart which can cause a number of symptoms such as abnormal heart rhythms), pneumonia, pulmonary emphysema (damage to the air sacs in the lungs), and mixed drug toxicity. The pathologist noted that as well as detecting the drugs that had been prescribed to Mr Kennedy, there were also two prescription drugs which had not been prescribed to him. These were codeine (a painkiller) and quetiapine (an antipsychotic). Although none of the prescription drugs were at a significantly elevated level, the pathologist noted that that these drugs may have had a depressant effect on Mr Kennedy's breathing and central nervous system. There were also unknown consequences of this unauthorised combination of medication.

Findings

Clinical care

42. The clinical reviewer said that the clinical care that Mr Kennedy received was of a good standard and was equivalent to that which he could have expected to receive in the wider community. Mr Kennedy was mostly non-compliant with substance misuse and healthcare staff, but they continued to attempt to engage with him while he was at Altcourse.

Monitoring of Mr Kennedy

43. Mr Kennedy's family asked the PPO what staff checks were made on him as they were concerned he had not been looked after appropriately. Mr Kennedy was supported and monitored by staff under ACCT procedures for the whole time he was at Altcourse. Staff also tried to assist Mr Kennedy in other ways as previously detailed, such as by offering to write to his bank. Although Mr Kennedy often did not wish to engage with staff, they continued to monitor him throughout his time at the prison. We are satisfied that he was offered an appropriate level of care by prison and healthcare staff.

Director to note

Mr Kennedy's misuse of prescription medications

- 44. The misuse of prescription drugs in prison is well documented, and the risks of prisoners diverting prescriptions to sell or pass on to other prisoners include the effects on the good order of a prison as well the possibilities of harmful side effects. unknown interactions with other medication and substances, and overdoses.
- Sodexo took over the management of Altcourse on 1 June 2023, nearly four months 45. after the death of Mr Kennedy. They issued an updated substance misuse strategy in July which is reviewed every month. In the strategy document, they note that the secretion and diversion of medication remains a concern at the prison and that prisoners may sell or be bullied by other prisoners into passing on their prescription medication. The strategy highlights the importance of intelligence in tackling prisoners trading prescription medication.
- 46. Staff at Altcourse told us that when medication is issued by nurses, prison officers are in attendance to ensure medication is not diverted or given to the incorrect prisoner. All prisoners collecting medication must provide their ID card before medication is issued. Anyone caught diverting medication has their medication reviewed by a doctor and an intelligence report of the incident is made by prison staff
- 47. It is not known how Mr Kennedy obtained medication that had not been prescribed to him. Mr Kennedy's clinical records show that on previous sentences healthcare staff had suspected him of trying to obtain drugs or diverting his medication. However, staff had no similar concerns during this short time at Altcourse. Staff told the investigator that although periodically there had been problems with trading of

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- drugs on the wing Mr Kennedy was on, there was no known recent activity relating to this.
- 48. Once the involvement of drug toxicity in Mr Kennedy's death had been determined, the investigator asked Altcourse if there had been a subsequent investigation at the prison. There was no evidence that this had occurred. In addition, the last inspection by HMIP showed a very concerning rate of positive drug tests and concerns about how drugs were administered. However, this is the first death at Altcourse that has been confirmed as due to drugs since the PPO started investigating deaths in prisons in 2004.
- 49. Given Altcourse is now under new management, with a monthly review of the drug strategy we make no recommendation. However, the Director may wish to consider whether the substance misuse strategy adequately addresses prisoners taking drugs which have not been prescribed to them, to ensure there is an opportunity to learn from Mr Kennedy's death.

COVID-19 testing

- 50. Staff recorded in Mr Kennedy's ACCT that he had taken a COVID-19 test on 11 February. The next day, staff went to his cell with another test for him to take when they found him unresponsive. The Head of Healthcare told us that healthcare staff were not informed that prison staff had tested him for COVID-19 as they should have been.
- 51. There was no outbreak of COVID-19 at the time Mr Kennedy was at Altcourse, and the restrictions around COVID-19 had been lifted many months previously. We also recognise that COVID-19 was not implicated in his death. However, given the seriousness of earlier outbreaks, including five deaths at Altcourse, the Director may want to consider the learning from this incident.

Inquest

52. The inquest into Mr Kennedy's death concluded on 15 September 2025. This found that Mr Kennedy died due to taking a combination of prescription and non-prescription drugs, which, along with his pre-existing health conditions, contributed to his cardiac arrest



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