

Support agencies

The Meadows Durham Sexual Assault Referral Centre - <https://sarcdurham.co.uk/>

0330 223 0099

middlesbroughanddurham.sarc@nhs.net

Teesside Sexual Assault Referral Centre - <https://sarcteesside.co.uk/>

0330 223 0099

teessideanddurham.sarc@nhs.net

The Angel Centre Sexual Assault Referral Centre - <https://sarcnorthumbria.co.uk/>

0330 223 0099

angelcentre.sarc@nhs.net

Sunderland Counselling Service - <https://sunderlandcounselling.org.uk/>

0191 5147007

office@sunderlandcounselling.org.uk

National Association for People Abused in Childhood - <https://napac.org.uk/>

0808 801 0331

support@napac.org.uk

The Forgotten Boys - <https://www.theforgottenboys.co.uk/>

01429 686499

hello@theforgottenboys.co.uk

Victims Services - <https://vcas.uk/>

0303 040 1099

info@vcas.uk

RSACC - <https://www.rsacc-thecentre.org.uk/>

01325 354 119

info@rsacc-thecentre.org.uk

Restitute - <https://restitute.org/>

<https://restitute.org/contact-restitute/> - support for people that care for survivors of sexual and violent crime

Talking Therapies - <https://www.nhs.uk/nhs-services/mental-health-services/find-nhs-talking-therapies-for-anxiety-and-depression/>

Rape Crisis - <https://rapecrisis.org.uk/>

0808 500 2222

rcewinfo@rapecrisis.org.uk

ManHealth - <https://www.manhealth.org.uk/>

01388 320023

info@manhealth.org.uk

First Step Leicester - <https://firststepleicester.org.uk/>

0116 2548535

contact@firststepleicester.org.uk

1in6 - <https://1in6.org/>

800-656-4673

1in6@zeroabuseproject.org