

20 Apr 2017 20:43	Surgery: WINGERT, Janina (Mrs) (Staff Nurse)
21 Apr 2017 01:43	Surgery: WADE, Katherine (Miss) (Healthcare Assistant)
History: 1grm paracetamol given by wing officers @ 19:30 on the 20/04 for Headache (XE0rh)	
21 Apr 2017 21:03	Surgery: O'DOHERTY, Lyn (Staff Nurse)
21 Apr 2017 21:03	Surgery: O'DOHERTY, Lyn (Staff Nurse)
21 Apr 2017 21:03	Surgery: O'DOHERTY, Lyn (Staff Nurse)
21 Apr 2017 21:40	Surgery: DANKWAA-AKOWUAH, Nana (Miss) (Healthcare Assistant)
History: Chest wall pain (XSJF8)	
1gr of paracetamol given by wing officers @14:45hrs	
22 Apr 2017 22:56	Surgery: WINGERT, Janina (Mrs) (Staff Nurse)
22 Apr 2017 22:56	Surgery: WINGERT, Janina (Mrs) (Staff Nurse)
22 Apr 2017 22:56	Surgery: WINGERT, Janina (Mrs) (Staff Nurse)
23 Apr 2017 20:31	Surgery: WINGERT, Janina (Mrs) (Staff Nurse)
23 Apr 2017 20:32	Surgery: WINGERT, Janina (Mrs) (Staff Nurse)
23 Apr 2017 20:32	Surgery: WINGERT, Janina (Mrs) (Staff Nurse)
24 Apr 2017 11:44	Surgery: NEWLANDS, James (Mr) (Mental Health Nurse)

History: Stress management (U0014)
Emotional Health Group

Attended group. Reported experiencing flashbacks in response to sudden loud noises and responding to these by dropping to the floor. He said that he feels embarrassed afterwards. He expressed frustration at the length of his stay noting that all the people that he was originally in with have moved on and he is still here. Was, however, supportive of a new group member.

Deborah Alfred
Consultant Occupational Therapist
Plan: To continue to attend group

24 Apr 2017 20:44	Surgery: MAKUCKA, Mariola (Staff Nurse)
24 Apr 2017 20:45	Surgery: MAKUCKA, Mariola (Staff Nurse)
24 Apr 2017 20:45	Surgery: MAKUCKA, Mariola (Staff Nurse)
25 Apr 2017 10:21	Surgery: BATCHELOR, Donna (Miss) (Staff Nurse)

History: psd - symptoms worsening - incident on wing yesterday/out of character behaviour

rule 35 request

Examination: states incident on wing yesterday where detainee was baning on floor with item loudly, found himself on floor (ducking for cover) after a while he found himself attacking the detainees, states very out of character for him and he is very concerned his medications and symptoms are deteriorating, feeling out of control

rule 35:

british army- front line, 2 times on Iraq 2004-2005/ 2007-2008

bosnia 2002=2003

mortar attack in camp

became alcohol dependant from stress and PTSD symptoms lost family.

IED incident where his vehicle was hit was air lifted to hospital

has massive fear of flying as witness helicopter accident in Iraq where on take off helicopter came crashing back down in front of him

witnessed friend being shoot

Plan: to speak with RMN- try and obtain appointment

pre rule 35 appointment booked

25 Apr 2017 12:54	Surgery: OOZEERALLY, Husein (Dr) (Doctor)
(R)	Sensitive/Irrelevant - 28 tablets - 1 tablet - admin times: 19:45 (Oral)
(R)	Sensitive/Irrelevant - 1 tablet - admin times: 19:45 (Oral) (Future dated medication 26 Apr 2017)
Custom script: Not Yet Printed	
Custom script: Not Yet Printed	
25 Apr 2017 20:40	Surgery: MAKUCKA, Mariola (Staff Nurse)
25 Apr 2017 20:41	Surgery: MAKUCKA, Mariola (Staff Nurse)
25 Apr 2017 20:41	Surgery: MAKUCKA, Mariola (Staff Nurse)
26 Apr 2017 15:22	Surgery: OOZEERALLY, Husein (Dr) (Doctor)

History: says that he feels his mental health is deteriorating.

he mentions that there are a few occasions where he feels his PTSD has returned and there has been a wave of

inted by BOWERS, Mary

Gabwick Immigration Removal Centre

anxiety.

He feels in the last 2 weeks there has been a change in his behaviour.

Examination: He presents composed and alert with no hypervigilance but appears in low mood. He maintain good eye contact.

Plan: I have advised that in this instance I feel it more appropriate that he contacts the mental health team and they can consider referral to psychiatrist if appropriate and monitor his progress. I do not feel a R35 is appropriate at this time, as I have not observed a deterioration and he does not appear acutely unwell. I have spoken to the mental health team and they have informed me that with regards to treatment there are options for him. I also acknowledge that he feels this environment has more triggers for his PTSD that he cannot avoid. He politely excuses himself from the room, disappointment with my suggestion which I had to repeat a number of times.

26 Apr 2017 19:56	Surgery: MAKUCKA, Mariola (Staff Nurse)
26 Apr 2017 19:57	Surgery: MAKUCKA, Mariola (Staff Nurse)
26 Apr 2017 19:57	Surgery: MAKUCKA, Mariola (Staff Nurse)
27 Apr 2017 19:57	Surgery: WINGERT, Janina (Mrs) (Staff Nurse)
27 Apr 2017 19:58	Surgery: WINGERT, Janina (Mrs) (Staff Nurse)
27 Apr 2017 19:58	Surgery: WINGERT, Janina (Mrs) (Staff Nurse)
28 Apr 2017 22:30	Surgery: SIHLALI, Nombulelo (Mrs) (Staff Nurse)
28 Apr 2017 22:30	Surgery: SIHLALI, Nombulelo (Mrs) (Staff Nurse)
28 Apr 2017 22:30	Surgery: SIHLALI, Nombulelo (Mrs) (Staff Nurse)
29 Apr 2017 13:41	Surgery: DOWD, Dalah (Mental Health Nurse)

History: Mental health appointment has been given for the 04/05/17. Appears low in mood, but not anxious or depressed when seen while he was waiting to see the welfare officer. Said he would like to speak to me about issues regarding several visits which he claimed that he had made to healthcare and was not happy with. Advised to speak with the healthcare manager regarding his concerns.

Mental health appointment has been given following doctor's request.

Slip has been given.

29 Apr 2017 21:14	Surgery: SIHLALI, Nombulelo (Mrs) (Staff Nurse)
29 Apr 2017 21:14	Surgery: SIHLALI, Nombulelo (Mrs) (Staff Nurse)
29 Apr 2017 21:14	Surgery: SIHLALI, Nombulelo (Mrs) (Staff Nurse)
30 Apr 2017 19:57	Surgery: SIHLALI, Nombulelo (Mrs) (Staff Nurse)
30 Apr 2017 19:58	Surgery: SIHLALI, Nombulelo (Mrs) (Staff Nurse)
30 Apr 2017 19:58	Surgery: SIHLALI, Nombulelo (Mrs) (Staff Nurse)
01 May 2017 11:34	Surgery: DOWD, Dalah (Mental Health Nurse)

History: D643 mental health appointment for the 04/05/17 has been brought forward to the 02/05/17, because of an appointment slot that became available. Slip has been given.

01 May 2017 20:46	Surgery: WINGERT, Janina (Mrs) (Staff Nurse)
01 May 2017 20:47	Surgery: WINGERT, Janina (Mrs) (Staff Nurse)
01 May 2017 20:47	Surgery: WINGERT, Janina (Mrs) (Staff Nurse)
02 May 2017 11:08	Surgery: CHURCHER, Karen (Mrs) (Mental Health Nurse)

History: RMN

Examination: Seen for support session.

States his mental health is deteriorating because of the length of detention.

Has had 2 incidents where loud noises have brought on what was described as panic attacks.

Does not know how his immigration status is as is frighten to talk to his solicitor.

Explored that his fears are present but at least if he has up to date information he will not be worrying about the unknown.

Saw the Gp for a rule 35 but was not successful. is not happy regarding this GP.

Given a stress diary to complete to identify triggers and return with it completed for next session.

advised to get himself a job in the centre as he feels it improves his mental health when he is helping others.

Plan: Complete Stress diary.

Apply for job in centre.

Follow up appointment booked for 9/5/17 3.30pm

02 May 2017 20:45	Surgery: WINGERT, Janina (Mrs) (Staff Nurse)
02 May 2017 20:46	Surgery: WINGERT, Janina (Mrs) (Staff Nurse)
02 May 2017 20:46	Surgery: WINGERT, Janina (Mrs) (Staff Nurse)
03 May 2017 20:47	Surgery: SIHLALI, Nombulelo (Mrs) (Staff Nurse)
03 May 2017 20:49	Surgery: SIHLALI, Nombulelo (Mrs) (Staff Nurse)
03 May 2017 20:49	Surgery: SIHLALI, Nombulelo (Mrs) (Staff Nurse)
04 May 2017 20:43	Surgery: SIHLALI, Nombulelo (Mrs) (Staff Nurse)
04 May 2017 20:44	Surgery: SIHLALI, Nombulelo (Mrs) (Staff Nurse)
04 May 2017 20:44	Surgery: SIHLALI, Nombulelo (Mrs) (Staff Nurse)

D643

(7187809)
DPA

Fri 10 Nov 2017 11:46
Confidential: Personal Data

C196