

Section 4: Relevant clinical information

i) Why is the detainee's physical and/or mental health likely to be injuriously affected by continued detention or the conditions of detention? Please include as much detail as possible to aid in the consideration of this report. This must include an outline of the detainee's relevant physical and/or mental health condition(s).

Continued detention will only make him lose his confidence, as it is, he talks to no one, thinking they will not understand. He is constantly reminded of the traumatic scenes he witnessed in Iraq. It makes him anxious, agitated and depressed. On going detention would only perpetuate these problems.

ii) What treatment is the detainee receiving? Is specialist input being provided, either within the IRC or as a hospital outpatient or inpatient?

The detainee was seeing a psychologist in Devon for his PTSD – this was arranged by the prison authorities when he was serving a sentence in prison. This was found to be very helpful. Here in Brook House he is under the mental health team. He is also on powerful antipsychotic medication and antidepressants.

iii) In the case of mental health problems, has there been a detailed mental health assessment and, if so, carried out by whom and with what result/recommendation? If not, is an assessment scheduled to take place and, if so, when? Please attach the report of any assessment or give a brief overview. I will be referring to a psychiatrist who attends Brook house weekly.

Section 5: Assessment

i) What impact is detention or the conditions of detention having (or likely to have) on the detainee's health and why?

It will make him depressed and anxious

ii) Can remedial action be taken to minimise the risks to the detainee's health whilst in detention? If so, what action and in what timeframe?

I would think that the best cure, would be to take him out this environment, by releasing him, so that he can return to his family. He would also need to continue with his antipsychotic medication and antidepressants and needs to have counselling.

iii) If the risks to the detainee's health are not yet serious, are they assessed as likely to become so in a particular timeframe (ie in a matter of days or weeks, or only if detention continued for an appreciably longer period)?

The risks to the detainee's health is already very serious.

iv) How would release from detention affect the detainee's health? What alternative care and/or treatment might be available in the community that is not available in detention?

Release would enable him to access combat psychotherapy, which is a form of psychotherapy which is very beneficial. He would also be able to see his daughter whom he misses and who is being affected by not seeing her father.