

appointments is due to the fact he couldn't make it to healthcare due to him feeling so unwell

Plan: Oscar 1 and 2 were called due to the fact he was shouting and becoming aggressive at healthcare staff, we explained nothing could be done tonight as there is not a doctor on site at night and to make sure he attends his appointment tomorrow, and in the mean time to continue taking paracetamol. He was not happy with this and as he walked out of healthcare stated the staff were going to have a really bad night

11 Feb 2017 01:42	Surgery: SIHLALI, Nombulelo (Mrs) (Nurse Access Role)
History: 19.55hrs 1gr of paracetamol given by an officer for Flushes/goes red (XE2Pq)	

11 Feb 2017 13:50	Brook House - Healthcare, Surgery: DOCTOR, Brook House	Entered: 11 Feb 2017 15:30
Did not attend for GP Appointments appointment with Brook House Doctor		
Did not attend (Xa1kG)		
Reminder/Alert: Did not attend for GP Appointments appointment with Brook House Doctor.		
Please inform the patient that if they cannot attend an appointment in the future they should inform staff so that it can be cancelled ASAP. - Priority: Normal		

12 Feb 2017 14:09	Surgery: BATCHELOR, Donna (Miss) (Nurse Access Role)
History: [Sensitive/irrelevant] previous diagnosis	
Plan: detainee irritable as not being allowed toast. rang wing and explained that he requires a plain diet whilst recovering, wing told me he is expecting toast when detainee feels like it. explained to detainee toast and plain food only available at set meal times.	

17 Feb 2017 10:28	Surgery: LITTLE, Raymond (Mr) (Nurse Access Role)
History: Detainee shouting and abusive in the clinic and very stressed	
Plan: Clinical lead has suggested that he is reviewed by an RMN	
Referral to Mr: [D687]	

17 Feb 2017 23:54	Surgery: MORLEY, Melissa (Miss) (Staff Nurse)
History: Sore throat (Xa9zW)	
Plan: 1gr of paracetamol given by wing officer @21:25 on th 17/02	

18 Feb 2017 23:11	Surgery: MAKUCKA, Mariola (Miss) (Nurse Access Role)
Clinical Letter to: [D687]	

25 Feb 2017 10:25	Surgery: NEWLANDS, James (Mr) (Nurse Access Role)
History: RMN appointment	
Examination: Did not attend with no reason given for this.	
Plan: New appointment has been arranged for 01/03/2017 at 16:00. Appointment slip sent to the wing.	

01 Mar 2017 15:17	Surgery: BOLE, Anton (Mr) (Other Community Health Service)
Substance misuse team (XaJR) - 1:1 session on release issues completed. Stated completed RAPT Programme and attended AA meetings at HMP Maidstone. Was there from September 2013 - March 2014 when he came to IRC Gatwick. Would like to have confirmation letter about completion of the course when he goes to present his case to court. I will request confirmation from Substance Misuse Team at HMP Maidstone.	

01 Mar 2017 15:23	Surgery: BOLE, Anton (Mr) (Other Community Health Service)
To develop support network on release Care Plan Created	
To develop support network on release Review next due on 01 Apr 2017 15:25	
To develop support network on release Review next due on 01 Mar 2017 15:35	

01 Mar 2017 18:19	Surgery: MCNAUGHT-DOWD, Dahlia (Mrs) (Nurse Access Role)
History: Did not attend his mental health appointment, no reason was given. Appointment re booked for the 07/03/17, slip sent.	

07 Mar 2017 18:30	Surgery: MCNAUGHT-DOWD, Dahlia (Mrs) (Nurse Access Role)
History: Very tearful and anxious as he ventilates his feeling, troubles and concerns, [D687] reports that he came to the UK at the age of 8 years after his family and him flee from Somalia Land because of war. Said both him, and his family was granted asylum and were given and indefinite leave to remain. Disclosed that he was [Sensitive/irrelevant] assaulted but now without a vast amount of support and encouragement as he was reluctant to do say. Very hesitant to disclose that he was [Sensitive/irrelevant] Said he did not say anything to any one about it until the other day he made it know to his mother, but did not go in depth because his mother and sister was crying after he had disclosed it to them.	

Said he has been a troubled child since his ordeal and did not find the courage to say it to anyone because of being ashamed and afraid. Says the ways he choose to cope/deal with his experience wasn't the right way, but he was not aware of this until it was too late. Because it got him into trouble several times, said one day he called the police and told them about all the crimes he had committed [Sensitive/irrelevant] because he wanted to come clean and turn a new page in his life. Was given [Sensitive/irrelevant] but this was reduced [Sensitive/irrelevant] because of being honest and leniency from the judge and police. worries that he might be deported to Somali, said he is from Somali Land and not Somali where Immigration is planning to deport him. Claimed he does not have any family in Somali or Somali Land son he cannot return.

Said he has been trying to get over his feelings and the impact [Sensitive/irrelevant] but nothing was helping, Said he was afraid to talking to anyone about his experience and this was the reason why he did not attend his previous mental health appointment. Reports that he gets to realise that bottling up his feeling does not help, said he is not a person that hoes around and make trouble, but sometimes he is stress and does not know how to talk to anyone or who to talk to about his problem. He was reassured that whatever he has disclosed will not be passed on to any one without his consent, he was informed that healthcare staff will have access to his record but will remain confidential except for information that will put his life or other detainees life at risk.

The support and reassurance that was given appears to have a positive effect on Mr [D687] as he said he felt as if the load he was carrying on his shoulders has decrease. Managed to ventilate in length with support. Said he wanted to talk to someone about his problem and to be a better person, says that is why he he was searching for help.

Confirms he is eating and drinking, said he finds it hard to sleep sometimes, but he tries to go to the gym as this helps sometimes.

Denied suicidal thoughts and self harm ideation.

Plan: 1, To attend the art and craft class.

2, Will contact Sabastian re the Victim Awareness group.

3, Mr [D687] confirms he will speak to an officer whenever he cannot cope with his current situation.

4, To keep in contact with his solicitor and to seek help whenever he need it.

14 Mar 2017 13:36	Surgery: NEWLANDS, James (Mr) (Nurse Access Role)
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History: RMN appointment

Examination: Did not attend with no reason given.

Plan: New appointment arranged for 20/03/2017 at 14:30, appointment slip sent to the wing.

15 Mar 2017 09:22	Surgery: BOLE, Anton (Mr) (Other Community Health Service)
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Substance misuse team (XaJRs) - 1:1 on support network done. Stated will engage with Harrow DIP. Stated he knows them well and will see them when release. Stated no need for my referral.

20 Mar 2017 14:39	Surgery: CHURCHER, Karen (Mrs) (Mental Health Nurse)
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History: RMN

Examination: Did not attend his mental health appointment with no reason given.

This is 2nd appointment not attended. A further appointment to be offered with a view to discharge if DNA.

Plan: Follow up appointment booked for 22/3/17 at 4.30pm

22 Mar 2017 16:38	Surgery: CHURCHER, Karen (Mrs) (Mental Health Nurse)
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History: RMN

Examination: Did not attend his mental health appointment.

No reason given.

This is 3rd appointment not attended, therefore he has been discharged from Mental health services.

Plan: Discharged, to self refer if required.

23 Mar 2017	Surgery: BOWERS, Mary (Ms) (Admin/Clinical Support Access Role)	Entered: 23 Mar 2017 07:38
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General Letter to Unknown

23 Mar 2017	Surgery: BOWERS, Mary (Ms) (Admin/Clinical Support Access Role)	Entered: 23 Mar 2017 07:38
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mental health referral form

11 Apr 2017 12:11	Surgery: BOLE, Anton (Mr) (Other Community Health Service)
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Substance misuse team (XaJRs) - Received referral from Security that [D687] was using Spice. [D687] stated it was only once due to stress. Referral has been made to Gatwick Detainees Welfare group. 1:1 session on Harm Minimisation completed. Lower tolerance and overdose risks advice given to [D687]

Spice use Care Plan Created

Spice use Review next due on 11 May 2017 12:14

Spice use Review next due on 18 Apr 2017 12:14

13 Apr 2017	Surgery: BOWERS, Mary (Ms) (Admin/Clinical Support Access Role)	Entered: 18 Apr 2017 09:04
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General Letter to Unknown

13 Apr 2017	Surgery: BOWERS, Mary (Ms) (Admin/Clinical Support Access Role)	Entered: 18 Apr 2017 09:04
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report of injury to detainee

13 Apr 2017 14:54	Surgery: O'DOHERTY, Lyn (Staff Nurse)
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History: Came to healthcare with DCO & Oscar-he had been given some negative news from H.O and got angry and frustrated on wing. As a result sustained a small graze to right inner aspect of arm

Examination: Cleaned & mepore applied

Plan: Angry and upset-given time to vent his feelings before returning to association.

Tue 28 Apr 2020 10:15

Confidential: Personal Data

D687	(7549784)
Sensitive/irrelevant	DPA

13 Apr 2017 16:13	Surgery: O'DOHERTY, Lyn (Staff Nurse)
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History: Returned to clinic via Welfare requesting Rule 35

Plan: Became tearful talking about what happened to him in Somalia-he states [Sensitive/Irrelevant] see RMN entry). Booked for MO.

Practises deep breathing techniques. Also suggested to attend sleep /relaxation group.

15 Apr 2017 10:42	Surgery: OOZEERALLY, Husein (Dr) (Clinical Practitioner Access Role)
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History: R35:

He claims to have been abused when he [Sensitive/Irrelevant] in Somalia, in [DPA] [Sensitive/Irrelevant]

[Sensitive/Irrelevant] He remembers that his family and extended family escaped to a camp in

[DPA] [Sensitive/Irrelevant] [Sensitive/Irrelevant] He claims to

never have disclosed this. He was not previously known to mental health services. He later discloses that he almost jumped from a bridge but some friends passing by discouraged him.

He mentions that in the last 3 months, he has started hearing voices and gets very stressed and emotional. He also he had difficulty sleeping and is very concerned about being deported. He appears tearful on presentation. He is not on antidepressants but remains under the care of the Mental health team.

Plan: He will attend at 1330 to sign consent

Clinical Letter to: [D687]

16 Apr 2017 11:16	Surgery: NEWLANDS, James (Mr) (Nurse Access Role)
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History: RMN appointment

Examination: Seen this morning following his re-referral to the mental health team.

Informed me that at the moment he is feeling better than he was however states that he is still having problems sleeping at night, but will start to attend the relaxation group held here on a Tuesday evening.

Stated at times he hears voices however was unable to give me any details about this only saying that it was a voice inside his head and does not know if this voice is male or female.

He talked about the [Sensitive/Irrelevant] he had experienced when he was in Somalia saying that he thinks about it and feels very ashamed about what happened to him.

He engaged in conversation being pleasant in approach and mood, maintaining good eye contact when speaking to me. Informed me that he has been feeling better recently and has a job on B wing kitchen serving food. Feels that keeping himself busy during the day helps him. He denies any thoughts of self harm or suicidal ideation at this time. We discussed the Emotional Health Group and I explained its purpose, I suggested that he attends as I feel this would be a good support for him, which he has agreed to do.

Plan: 1; To attend the Relaxation Group here on a Tuesday evening.

2; Attend the Emotional Health Group on Monday 24/04/2017 appointment slip given.

3; No follow up RMN appointment has been given which will be reviewed again following his group attendance.

18 Apr 2017 19:29	Surgery: O'DOHERTY, Lyn (Staff Nurse)
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History: DNA Relaxation group

22 Apr 2017 10:09	Surgery: BUSS, Joanne (Miss) (Staff Nurse)
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History: stressed Feeling angry (XM016)

Examination: frustrated at his current situation says sleep is poor.

encouraged to attend groups as discussed with RMN

given basic relaxation exercised

making good use of centre facilities

encouraged to stay positive

has agreed to have a dr review after group attendance

Plan: appt made.

24 Apr 2017 11:55	Surgery: NEWLANDS, James (Mr) (Nurse Access Role)
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History: Stress management (Ub014)

Emotional Health Group

Attended the group for the first time. Dominated the group by venting his frustration at not being released following his prison sentence and at the length of his detention. Stated several times that he had considered suicide and had begun to write a suicide note. Said that outside of the group he appeared carefree because he did not want to appear vulnerable to others. Said that the thought of his Mother's reaction was the reason he had not yet committed suicide to date but that he was becoming increasingly frustrated at the unfairness of the system. Reported that he used the gym and classes to help maintain his health in the centre. Referred to Oscar 1.

Deborah Alred

Consultant Occupational Therapist

Plan: To continue to attend group