



East London **NHS**

NHS Foundation Trust

Saxonbrook Medical Centre
Northgate Surgery
Cross Keys House
14 Haslett Avenue West
Crawley
West Sussex
RH10 1HS

Rapid Assessment Interface & Discharge (RAID) Team
Psychiatric Liaison Office
Emergency Department
Newham University Hospital NHS Trust
Zone 10, Glen Road
Plaistow
London
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Website: <http://www.eastlondon.nhs.uk>

PRIVATE AND CONFIDENTIAL

Date:

Re:

D801

DPA

NHS no:

Sensitive/Irrelevant

Address:

DPA

Dear Dr Anderson

Reason for Referral:

D801 was referred to the RAID team after he had earlier presented to ED via the police. He was found in East Ham by the police, hanging on to some railings near the side of the road. He was confused, disorientated and did not know where he was or how he came to be there. He was brought to ED and was seen by the medical team before being medically cleared and referred to the mental health team. He had stated to the medical team that he was known to mental health services in Crawley but was not able to give any details about this.

Risk Assessment:

Risk Summary (for full risk assessment please see inline form)

To self: Denied any plans to harm himself but reports on-going suicidal ideation.

To Others: Denied any thoughts to harm himself or others.

Safeguarding Children and Vulnerable Adults: No safeguarding concerns raised.

Formulation:

D801 is a 25 year old gentleman who is currently seeking asylum in the UK following him fleeing his native Sri Lanka due to being tortured at the hands of the Government there. He is having on going suicidal thoughts as a result of the uncertainty of his asylum application which is exacerbated by his symptoms of PTSD. It would appear that he entered a disassociated state and ended up in Newham; he has no recollection of how he came to be here. He is currently receiving mental health support but is not able to advise on who is helping him. He reported that he is not finding counselling helpful as this is making him go over the problems he has experienced and feels

Department of Psychological Medicine

1

Mr

D801

printed 29 Sep 2016 15:37 (page 2 of 3)



the treatment is repetitive.

Management Plan:

D801 was discharged from the RAID team at 2330.
or letter to be sent

Book Transport for him to return to his home in Crawley

Advised **D801** to get a contact number for services to be able to call him and give this to his GP.

Contacted West Sussex Mental Health services who have not been able to confirm which team is currently supporting **D801** and if their HTT can be contacted to provide follow up support. The team were contact on 01903 843200 and their senior nurse manager was contacted on 07500 606075. Messages have been left for them to call back but no answer has been received at the time of recording.

Medication following review:

DPA

Crisis Plan:

D801 was advised to contact his GP for review and also to contact this mental health team. He currently does not have a mobile phone and as such, he was advised to update his GP as soon as he has a new number so that he can be referred to mental health services and possibly the local home treatment team.

Please do not hesitate to contact us if you require a copy of the full assessment or have any specific questions.

If in future there are concerns about mental health problems requiring further review please contact *mental health services in Crawley*.

Yours sincerely,

Sachin Sookhy
Operational Team Lead, Service Manager, RAID.